

## Running&Hiking

Running : [click here for package details](#)

### Trainers

- Janelle (Australian) : 3 x Triathlon Ironman Champion (placing always in Top 10), 4 x Six Foot Track Marathon Champion (Australias toughest off-road marathon), 3rd place in 2007 Australian Long Course Triathlon Championships, countless Marathons, Ultra-Marathons and Adventure Races. Janelle has also tapped her skills into the world of cycling, having placed in the Top 15 in the Masters International Road and Time Trial Championships. In 2008, Janelle celebrates being nominated as an official Olympic Torch Bearer in Canberra, Australia. We welcome her qualifications as a top level coach, having trained over 30 people to achieve their marathon goals. Janelle is a nutritionist and paramedic.. What else do you need in a guide??

- Chris (Australian) : Comrades Marathon, Six-Foot Track, Multi - day Ultra Marathon Runner (Alice Springs to Uluru, 400km and Sydney to Snowy Mtns, 350km), hundreds of Marathons and Ultra-Marathons, countless 1st, 2nd, 3rd place medals, trophies etc. Chris brings a wealth of experience and running base to out do the best.

Hiking : [click here for package details](#)

### Guides

We have several qualified Apline Guides to take you on your next adventure

Nordic Walking: [click here for package details](#)

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